

MADHAV INSTITUTE OF TECHNOLOGY & SCIENCE, GWALIOR
(A Govt. Aided UGC Autonomous & NAAC Accredited Institute, Affiliated to R.G.P.V, Bhopal, M.P.)

Notice

Ref. No. **53**

27.01.2021

Subject: The Art of Living- Online SELP Program under TEQIP-III for B.Tech. First year students from 09.02.2021 to 14.02.2021 (05:00 PM to 07:00 PM).

The Art of living in association with Holistic Health Club MITS will be conducting Online Student Excellence & Learning Program (SELP) in the institute for B.Tech. First year students from 09.02.2021 to 14.02.2021 (05:00 PM-07:00 PM) everyday via ZOOM App.

The program is internationally certified which includes useful & profound practical tools and techniques which enhance your concentration, confidence, clarity of mind, creativity & brings all round development as a complete & whole personality. Eliminates mental stress, improved physical health and gives you more emotional stability.

The Art of Living program is a part of all the premier institutes like IITs, NITs, IIITs, IIMs, NIFTs, Stanford University, Harvard University, Yale University and many more.

All the first year students will be informed further about the program schedule and Zoom link via Emails/ WhatsApp Groups by the SELP Team & Holistic Health Club, MITS.

Note: It is mandatory for all the B.Tech. first year students to participate in this program. Daily attendance will be marked and submitted to the institute by SELP trainers. All the students will be given credits according to the participation & will be awarded international certificate.

Vishal
27-1-2021

(Prof. Vishal Chaudhary)
Faculty Coordinator
Holistic Health Club

Rajeev Kansal
27/01/2021

(Dr. Rajeev Kansal)
Dean (Student Welfare)

Copy to (Via Mail):

1. All HoDs
2. B.Tech. First year class coordinator to circulate among students
3. Institute Website
4. IMS/ Moodle in charge
5. Dean (Academics)
6. Dean (Student Welfare)
7. TEQIP-III (Coordinator/Academic Coordinator)
8. Director Office for Kind Information
9. Registrar
10. Account office
11. PRO



NPIU |  | **TEQIP-3**
THE WORLD BANK

Madhav Institute of Technology & Science, Gwalior

SELP

Student Excellence & Learning Program



**Increased
Confidence &
Enthusiasm**

**Focused
Mind &
Attention**

**Productivity
& enhanced
Skill**

**Creativity,
Innovation
& Intuition**

**Physical, Mental
& Emotional
Stability**

.....Program Benefits.....

9th - 14th Feb 2021 | 5 - 7 Pm @ZoomApp

**Note: Mandatory for all the First Year B.Tech. Students.
All the updates will come via Email/WhatsApp. Stay Connected**